

BANNER COUNTY SCHOOL ACTIVITIES HANDBOOK

The administration and operation of the Banner County Schools Activity Programs shall comply with the rules, regulations, and policies of the school, the Minuteman Activities Conference, the Banner County Board of Education, and the Nebraska School Activities Association.

School activities are designated as follows:

Football	Volleyball	Basketball	Track
Wrestling	Chorus/Band	Speech	
One-Act Play	Mock Trial	Scholastic Contests	

ACTIVITY POLICY

The Banner County School activity acknowledgement must be signed by students and parents, and returned to the office. This form can be found at the end of this handbook.

All athletes must have their physical, student/parental consent and warning waiver, permission for emergency treatment, and proof of insurance signed and turned in to the office. All required signatures must be received by the office prior to a student's participation.

ACTIVITY CODE OF CONDUCT AND DUE PROCESS

Student conduct on the campus, in the building, on the buses and at school and community activities should at all times be characteristic of a group of young men and women who are proud of themselves, their school and their community. Deviations of behavior from the standard of conduct including possession and use of drugs, alcohol and tobacco will be handled according to the Activity Code of Conduct, board policy #5565.

Prohibited conduct will result in suspension or expulsion, whether or not such conduct leading to the suspension or expulsion took place on or off school property, or whether or not the prohibited conduct took place in connection with a co-curricular or extra curricular activity.

Short Term Offense - First Offense.

Suspension for four contests or four weeks, whichever is longer. The penalty will be carried over to the next activity if the violation occurs at the end of a season. Students will not be allowed to attend or participate in school activities during the suspension.

Long Term Offense - Second Offense

Suspension for eight contests or eight weeks, which ever is longer. The penalty will be carried over to the next activity if the violation occurs at the end of a season. Students will not be allowed to attend or participate in any school activities during the suspension.

Expulsion - Third Offense

Removal from all activities, and the student will not be allowed to participate in any further activities for one calendar year.

Exceptions

Exceptions may be made to the length of suspension or expulsion for second and third offenses, reducing them by one-half under certain conditions. See board policy #5565 for those conditions.

ACADEMIC ELIGIBILITY

Any students in grades 7-12 who are failing in two subject areas will be declared ineligible for the following school week (Monday through Saturday). This will be a cumulative grade point average. Academically ineligible students will not be allowed to participate in activities with the team and will not travel with the team. Students will not participate in any school activities including, but not limited to, dances, awards, prom, etc.

Nebraska School Activities Association Rules:

In order to represent a high school in interscholastic athletic competition, a student must abide by eligibility rules of the Nebraska School Activities Association. A summary of the major rules is given below. Contact the principal or activities director for an explanation of the complete rules.

1. Student must be an undergraduate.
2. Student must be enrolled in at least twenty hours per week and regular in attendance, in accordance with the school's attendance policy at the school he/she wishes to represent in interscholastic competition.
3. Student must be enrolled in some high school on or before the eleventh school day of the current year.
4. Student is ineligible if nineteen years of age before August 1 of current school year.
5. After a student's initial enrollment in grade nine, he/she shall be ineligible after eight semesters of school membership.
6. Student must have been enrolled in school the immediate preceding semester.
7. Student must have received twenty semester hours of credit the immediate preceding semester.
8. Once the season of a sport begins, a student shall compete only in athletic contests/meets in that sport which are scheduled by his/her school. Any

other competition will render the student ineligible for a portion of, or all of, the season in that sport. The season of a sport begins with the first date of practice as permitted by NSAA rules.

9. A student shall not participate in sports camps or clinics during the season of a sport in which he/she is involved, either as an individual or as a member of a team.
10. A student shall not participate on an all-star team while a high school undergraduate.
11. A student entering grade nine for the first time after being promoted from grade eight of a two-year junior high, or a three-year middle school, or entering a high school for the first time after being promoted to grade ten from a three-year junior high school is eligible. After making a choice of high schools, any subsequent transfer will cause the student to be ineligible for ninety school days.
12. A student is ineligible for 90 school days if his/her parents have changed their domicile to another school district and the student has remained in the former school which is in a different school district. (EXCEPTION: If parents have moved after school has started, the student will be eligible to compete for the remainder of the school year, or if parents have moved during the summer which immediately precedes the school year and the student is in grade twelve and has attended the high school for two or more years, the student is eligible for that school year in the school district from which the parents moved.)
13. Guardianship does not fulfill the definition of a parent. If a guardian has been appointed for a student, the student is eligible in the school district where his/her natural parent (s) have their domicile. Individual situations involving guardianship may be submitted to the Executive director for his review and a ruling.
14. A student shall not participate in a contest under an assumed name.
15. A student must maintain his/her amateur status.

PHYSICAL EXAMINATION, STUDENT/PARENTAL CONSENT AND PARTICIPATION WARNING WAIVER, EMERGENCY TREATMENT, AND INSURANCE INFORMATION

All of the required information listed above is included on one form. The physical examination, student/parental consent and warning waiver, emergency treatment, and insurance information must all be completed prior to participating in activities. Students not participating in athletics are not required to have a physical exam, or health insurance.

A yearly physical examination is required for all students participating in athletics. The physical form must be completed by a physician and submitted to the office prior to participation. The physical covers all sports for the entire school year.

The student/parental consent and warning waiver acknowledges to the school that the parent or guardian has given the student permission to participate in the activities offered by Banner County School and that the student and parents agree to participate under the rules and guidelines set forth by the Nebraska School Activities Association. Along with giving parental consent to participate, it also brings attention to the existence of potential dangers associated with athletic injuries. Participation in any athletic activity may involve injury of some type. The severity of such injury can range from minor cuts, bruises, sprains and muscle strains to more serious injuries to the body's bones, joints, ligaments, tendons, or muscles, to catastrophic injuries to the head, neck and spinal cord. On rare occasions, injuries can be so severe as to result in total disability, paralysis or death. Even with appropriate coaching, appropriate safety instruction, appropriate protective equipment and strict observance of the rules, injuries are still a possibility.

The permission for emergency treatment must be signed by the parents/guardians and will give authorization and permission for treatment by a physician or hospital when the parent or guardian is not available.

Banner County School requires that all athletes have health insurance. The required insurance information is also included for the record keeping staff of the doctor's office or hospital in the event of an injury. Each athlete must prove they have adequate health insurance in order to participate in any athletic activities.

USE AND CARE OF EQUIPMENT

Participants are responsible for all equipment and uniforms checked out to them. If at any time these items are lost or stolen it will be the responsibility of the participant to replace the lost/stolen items by purchasing new ones at full cost. Equipment and uniforms that become worn out or damaged due to normal use will not be held against the person it was checked out to, however if it is determined that the damage was avoidable the individual will pay to have it repaired or replaced.

INJURY TO AN ATHLETE

Every injury must be reported to the coaches. This means anything from a jammed finger and pulled muscle to a more serious injury. Any time an athlete is injured and must obtain the care of a medical physician they cannot participate in any athletic activities until they have secured a signed release from that medical physician. This release should be given to the head coach.

Banner County School has contracted for athletic training services with Regional West Medical Center. The athletic trainer will be at the school once a week to see athletes who have been injured or need rehabilitation. Regional West Medical Center has a release form that must be signed and turned in before they will see any athlete. This release form will be distributed by the coaches at the beginning of the season.

ATTENDANCE

Students must be in attendance the entire school day in order to practice or participate in an extra curricular activity unless previously approved by the administration. Bereavement and doctor's appointments are excused.

TRANSPORTATION/TEAM TRAVEL

Transportation to and from school activities will be provided by the school. Participants will travel on the activities bus. Special circumstances must be approved by the Principal or Activities Director. Special circumstances do not include simple convenience!

No one will be allowed to go home with anyone except parents or guardians unless the parent or guardian writes a note permitting a student to travel home with another designated adult. Parents, guardians or designated adults must sign the student off the bus before departure. Students will not be excused to ride home with siblings who are still in high school.

Students who ride a bus to an activity must ride home on the bus unless they ride with a parent or have prior written permission from a parent to ride home with another adult. (Written permission must be received by the administration before the activity bus leaves school grounds.) Board Policy 3515.3

BEHAVIOR OUT OF TOWN

Students who are attending school activities must remember that they not only represent the school but also their community. Sponsors have the right and the responsibility to stop and discipline improper behavior such as fighting, cursing, or any other behavior that would not be tolerated in school.

USE OF SCHOOL FACILITIES AND SUPERVISION OF STUDENTS

Students are not to be in the school facilities without supervision.

I have read the Banner County School Activities Handbook and agree to comply with its guidelines and requirements.

Student signature

Parent/Guardian signature

Date

Date